Systems for Action

Systems and Services Research to Build a Culture of Health



Research Seminar

Friday, December 4, 2015

12:30 - 1:30 pm ET

Learning from Positive Deviant Local Health Departments in Maternal and Child Health



Agenda

Welcome: Rick Ingram, DrPH, Assistant Professor, U. of Kentucky College of Public Health

"Learning from Positive Deviant Local Health Departments in Maternal and Child Health"

Presenter: <u>Tamar Klaiman, PhD, MPH</u>, University of the Sciences in Philadelphia <u>t.klaiman@usciences.edu</u>

Questions and Discussion

Presenter



Tamar Klaiman, PhD, MPH
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PHSSR Mentored Researcher

Development Award Recipient, 2013

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Learning from Positive Deviant Local Health Departments in Maternal and Child Health December 4, 2015

Tamar Klaiman, PhD, MPH; Athena Pantazis, MPH; Anjali Chainani, MPH; Betty Bekemeier, PhD, MPH, FAAN



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Research Objective

To identify and learn from LHDs in that perform better than expected in MCH outcomes compared to peers





Framework: Positive Deviance

- Used to identify and learn from units that perform beyond expectations
- Defined by context
- Performance Improvement





Framework: Positive Deviance Method







Step 1:

Identify "positive deviants ", i.e., organizations that consistently demonstrate exceptionally high performance in an area of interest.

Step 2:

Study organizations in-depth using qualitative methods to generate hypotheses about practices that allow organizations to achieve top performance.

Step 3:

Test hypotheses statistically in larger, representative samples of organizations.

Step 4:

Work in partnership with key stakeholders, including potential adopters, to disseminate the evidence about newly characterized best practices.

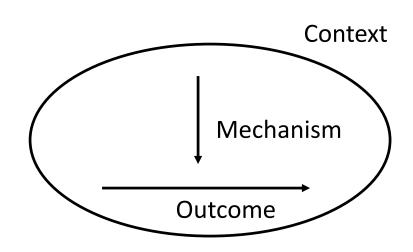
Framework: Realist Evaluation (Pawson and Tilley)

<u>Context:</u> LHD environment (budget, population, geography)

Mechanisms: leadership, partnerships, service provisions

Outcomes:

- Teen pregnancy rates
- Low birth weight
- Pre-natal care
- Infant mortality rate



$$C + M = O$$



Methods



- 1) Quantitative: ID Positive Deviants
- 2) Qualitative: In-depth interviews with Positive Deviants







Methods - Quantitative

- 2009-2010 Public Health Activities and Services Tracking (PHAST) data
 - WA (n=35), FL (n=67), NY [n=48 (excluded NYC & 8 others] uniquely detailed and matched annual MCH-related county-level expenditure data





Multiple Regression: Contextual Factors & Modifiable Activities



- Types of factors:
 - (Z) = Variables over which LHDs have no control, (population size, geography, budgets)
 - (X) = Variables over which LHD leaders and boards have some internal control (X) (assuring service through alternative providers in the community, having a clinician as an LHDs "top executive," types of services the LHD provides)
 - (Y) MCH health outcomes (county-level rates of teen births, late or no prenatal care, infant mortality, percent of low weight births)

Methods: Quantitative

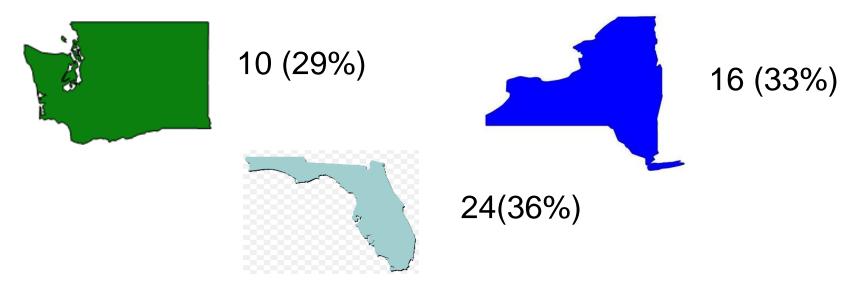
- Step 1: Regressed Y=a+b¹(Z)+e to assess variance explained by factors outside of LHD control (Context)
- Step 2: Added X variables Y=a+b¹ (Z)+b2(X)+e to assess variance explained by LHD-controlled variables (Mechanism)
- Step 3: Likelihood ratio test to determine whether the internal control variables improved the explanatory power of the model

See: Klaiman, T.; Pantazis, A.; Bekemeier, B. (2014). "A Method for Identifying Positive Deviant Local Health Departments in Maternal and Child Health." *Frontiers in Public Health Systems and Services Research*. 3(2): Article 5. Available at http://uknowledge.uky.edu/frontiersinphssr/vol3/iss2/5/

Results



50 positive deviant LHDs across 3 states:



- 45 of 50 LHDs (90%) had better than expected MCH outcomes over 2 years,
- 25 LHDs (50%) had 2 or more exceptional outcomes in a single study year

Regulte: MCH Expanditures -PDe and non-PDe

Results. MCH Experiultures – PDS and non-PDS											
		LHDs PDs (%)		Total Maternal Child Health Expenditures*		WIC Expenditures		Family Planning Expenditures		Maternal, Infant, Child and Adolescent Health Expenditures	
State				non-PDs	PDs	non-PDs	PDs	non-PDs	PDs	non-PDs	PDs
	Rural	18 (27%)) 7 (29%)	\$ 5.78-35.67 (19.68)	\$ 7.64-33.26 (22.71)	\$ 0-21.20 (1.91)	\$ 0-0.89 (0.22)	\$ 4.49- 15.42 (9.35)	\$ 2.38-16.03 (8.49)	\$ 0.01-23.60 (8.42)	\$ 4.48-22.41 (14.00)
FL	Micro	10 (15%)) 2 (8%)	\$ 8.56-46.36 (20.80)	\$ 28.05-36.26 (32.98)	\$ 0.02-11.45 (4.80)	\$ 0.02-11.05 (5.52)	\$ 4.01- 15.84	\$ 9.12-20.72 (14.13)	\$ 0.06-30.82 (9.73)	\$ 10.57- 16.09 (13.33)

\$ 0-11.89

(5.40)

\$ 0-8.70

(1.76)

\$ 0.01-8.05

(1.40)

\$ 0-7.77

(2.28)

\$ 0-8.68

(3.96)

\$ 0-5.33

(2.90)

\$ 0-4.71

(1.78)

\$ 0-21.20

(2.56)

\$ 0-11.45

(3.00)

\$ 0-11.87

(3.64)

\$ 7.49-56.38

(16.93)

\$ 1.18-16.61

(7.94)

\$ 1.38-20.55

(9.92)

\$ 1.07-20.39

(7.50)

\$ 17.17-25.95

(21.22)

\$ 2.36-6.21

(4.48)

\$ 0.73-11.71

(7.32)

\$1.18 - 33.21

(17.68)

\$ 1.38 - 35.26

(13.05)

\$0.73 - 56.37

(13.00)

\$ 7.26-27.69

(15.49)

\$ 0.25-14.06

(5.77)

\$ 0.30-12.90

(2.56)

\$ 0.02-13.70

(4.81)

\$ 3.44-32.20

(15.16)

\$ 1.21-9.40

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\$ 0.82-27.52

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\$0.25-35.67

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(0.30)

\$ 0-17.86

(3.84)

\$ 0 - 0.64

(0.08)

\$ 0-10.09

(2.15)

\$ 0-17.86

(6.18)

\$ 0-15.84

(2.31)

\$ 0-10.09

(2.36)

\$ 1.97-10.87

(4.33)

\$ 0.03-8.77

(4.46)

\$0.04-17.37

(4.75)

\$ 0-3.18

(0.62)

\$ 0-10.27

(5.55)

\$ 0-0.01

(0)

\$ 0-2.87

(1.14)

\$ 0-16.03

(6.61)

\$ 0-20.72

(5.23)

\$ 0-10.87

(2.86)

\$ 0.26-16.85 \$ 0.32-32.04

\$ 2.36-18.83 \$ 3.14-11.81

\$ 0.06-30.82 \$ 0.23-16.09

(7.44)

\$ 0.04-3.03

(1.06)

\$ 0.24-3.62

(1.89)

\$ 0.86-11.14

(3.17)

(8.36)

\$ 1.09-5.11

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\$ 0.73-5.36

(3.42)

\$ 0.04-22.41

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\$ 0.32 -

32.04 (5.75)

(6.02)

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\$ 0.01-18.78

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\$ 4.98-8.97

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\$ 0-3.43

(1.55)

\$ 0-4.98

(2.76)

\$ 0-8.97

(2.34)

\$ 0-11.05

(3.21)

\$ 0-15.01

(4.40)

NY

WA

Combined

Metro

Rural

Micro

Metro

Rural

Micro

Metro

Rural

Micro

Metro

39 (58%)

9 (19%)

13 (27%)

26 (54%)

11 (31%)

11 (31%)

13 (37%)

38 (25%)

34 (23%)

78 (52%)

15 (63%)

4 (25%)

5 (31%)

7 (44%)

3 (30%)

3 (30%)

4 (40%)

14 (28%)

10 (20%)

26 (52%)



Interviews



24 PDs identified; 18 interviewed (75% response rate)



10 PDs identified; 7 interviewed (70% response rate)



16 PDs identified; 14 interviewed (88% response rate)





Characteristics of LHD Jurisdictions

Community Type	# Identified	# Interviewed	% Interviewed	
Rural	14	10	71%	
Micropolitan	10	9	90%	
Metropolitan	26	20	77%	
Total	50	39	78%	



Results – Partnerships

"One of our other goals is to stay operating. We work with partners to maximize resources."

"Community partnerships only become more important when our direct resources are limited...We want to and are working with partners to use resources we have in a coordinated way to implement models that are collaborative in nature."

"Build community partnerships, not advocates for your programs ... Partnership is where peers come together and develop strategies to reach specific goals...Prevention is not when you already have someone enrolled in a program."



Results: Clearly Defined Goals

"The opportunities in a local health department for data driven decision making are the exception rather than rule. There's been an upsurge of interest in assessment and it's getting more notice."

"We look at the data. Track the data. When we see a problem in the data, we go for it."





"When it came to basic budget decisions about what to preserve it wasn't a matter of local assessment data. It was more a question about basic public health interventions for the public."



Implications for Policy and Practice

- Establishing Partnerships
 - Technical expertise
 - Data analysis
 - Referral and administrative services
- Data-driven Activities
 - Invest in robust data systems
 - Community priorities
 - Population-based services



Translation and Dissemination

- 3 infographics
- 3 manuscripts (2 under review)
- 1 research brief

resources may be associated with better health outcomes, there are some LHUs that maintain exceptional performance, even with limited budgets. Our goal was to identify and learn from high performing local health jurisdictions in maternal and child health in Washington State.

METHODS



Using data from the Public Health Activities and Services Tracking (PHAST) database as a resource for dentifying *Positive Deviant LHDs* in MCH outcomes in terms of 4 areas:

· Late or No Prenantal Care · Infant Mortality · Percent of Low Weight Births



Primary data were collected through hour-long phone interviews with staff in 7 out of 10 (70%) Washington LHDs:

- 4 Metro (31%)
- + 3 Micro (27%)
- 3 Rural (27%)



3 FOCUS AREAS WERE EXAMINED

FINDINGS

Themes

Positive Deviant LHDs focus on assuring their communities have access to needed services, even when that means changing their roles and responsibilities.



- Importance of Community Partnerships: · Community Based Organizations



- Importance of Clearly Defined Goals: · Coordination and Administration · Population Based
- Data-Define

Feedback

IMPLICATIONS

by providing:

Technical Expertise

Community Agencies

Data Analysis

LHDs can establish and maintain strong partnerships

• Referral and Administrative Services for

Many LHDs have shifted their focus to data-driven basi

public health activities and population-based services

to cast the widest net with limited resources. Other

LHDs can use many of the practices described here to

improve their practice and health outcomes.

PARTNERSHIPS

"Build community partnerships! Not advocates for your programs which is what public health does. Partnership is where peers come together and develop strategies to reach specific goals."



Data Collection

"The opportunities in a local health department for data driven decision making are the exception rather than rule. There's been an upsurge of

Lessons Learned from Exceptional Florida Local Health Departments in Maternal and Child Health

Local health departments (LHDs) are under increasing pressure to improve performance with limited resources. While research has found that financial resources may be associated with better health outcomes, there are some LHDs that maintain exceptional performance, even with limited budgets.

METHODS



Using data from the Public Health Activities and Services Tracking (PHAST) database as a resource for identifying Positive Deviant LHDs in MCH outcomes in terms of 4 areas:

- Teen Births
- Late or No Prenantal Care
- Infant Mortality
- Percent of Low Weight Births

Semi-Structured Interviews

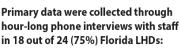
3 FOCUS AREAS

WERE EXAMINED Assessment &

- **Policy Development** Research &
- **Evaluation**







- 12 Metro (67%)
- 1 Micro (5%)
- 5 Rural (28%





Next steps

- Validate positive deviance method
- Apply PD to other areas of inquiry
- Learn from PD LHDs in other areas



Thank you!



- Robert Wood Johnson Foundation
- Research Assistants
 - Anjali Chainani, MPH, MSW & Athena Pantazis, MA,
 MPH
- Interviewees
- Advisory Council
 - Betty Bekemeier, PhD, MPH, FAAN
 - Barry Kling, MSPH
 - Michael Stoto, PhD
 - JoAnne Fischer
 - Carol Brady



Questions and Discussion

Thank you for participating in today's seminar



For more information about the webinars, contact:
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